

INSIDE THE HUDDLE



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HAVE A CLEAR VISION OF YOUR
FUTURE AND TAKE ACTION EACH
DAY TO MOVE TOWARDS IT.
SOMETIMES WE ARE TESTED, NOT
TO SHOW OUR WEAKNESSES, BUT TO
DISCOVER OUR STRENGTHS.

INTRODUCTION

If you are like millions of people across the globe who are feeling completely stuck in life, are constantly running in circles, and lacking clarity and direction for themselves... then these Clarity Worksheets are the first step to getting the clarity you need in order to *move the ball* forward in all areas of your life.

If you are at a crossroads, feel reluctant to make decisions, and you are unable to take the necessary steps towards change... then by completing the following worksheets, this will help you to stop your confusion, make clear decisions for yourself, and have the breakthroughs you deserve. You owe it to yourself to get clarity in your life so that you can feel joy and fulfillment.

Just imagine... What would your life look like if you were free to decide and follow your path? What would you feel like if you were empowered to move in the direction of your dreams and start creating a life you truly desire?

Getting clear on what game it is you want to be playing is going to make this happen for you. Clarity is an essential piece to turning your dreams into reality and winning in life.

The following worksheets will help you explore what it is you truly want from life and where you want to be in the future. Find a quiet place and make sure that you won't be interrupted while working through these exercises. Allow yourself to reconnect with your deepest dreams, wishes and desires. There are no limits and no boundaries.

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CLARITY WORKSHEETS

Close your eyes and take three deep breaths, allowing your mind to unwind. Continue with your breathing until you feel centered, calm, and ready to think through these prompts and questions. Answer the following (which you will then summarize on the last page).

Self - Three words that describe my best self are . . .

Self - Ways that I can embody these words more often this upcoming week are . .

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Social - Three words that could define how I want to treat other people are . . .

Social - Some people in my life who I could improve my interactions with this week include . . .

Skills - The three skills I'm trying to develop most in my life right now are . . .

Skills - The way I can learn or practice those skills this week includes . . .

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CLARITY WORKSHEETS

Service - Three simple ways I can add value to those around me this week are . . .

Service – Something that I could do this week with real focus and excellence to help someone else is . . .

My Feelings – The main feelings I want to cultivate in my life, relationships, and work this week include . .

My Feelings – The way I will generate these feelings is to . .

Intentionality – Something I can do or create that would bring me more meaning in life is . . .

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CLARITY WORKSHEETS

Self

The 3 words I'll live and exemplify this week!

Skills

List your three skills and work them this week!

Social

3 words that define how I'll treat people this week!

Service

How I'll add value to those around me this week!

Now that you have filled out these worksheets, it's time for you to take true ownership over your life (own your game, as I say). Revisit your personal vision on a regular basis to constantly shape your future life. Once you have ownership over your vision, that is when you will fulfill your purpose and attract everything you need to turn your dreams into reality. Now, let your imagination take you into the future and start to visualize what your life will look like when you put the above into practice. Get inspired about what you really want to create for yourself. You've got this!

Thoughts for creating my future ...
